



"Making connections is simple: talk to someone new each week "  
Edmonton Public Library, Community-led Handbook

## Staff & Training

### Adult and Youth Services together:

- attend seniors' expo to promote event
- coordinate staff training
- co-write grant proposals

### Youth Services Staff:

#### Management

- research existing Wii Fit programs
- fundraise for equipment
- contact fitness centers for advice and possible training
- arrange for CPR, First Aid, and DFB as required
- design waivers (photo, fitness)

#### Program staff

- design Wii Fit program
- work program/ set up and available during program (2 staff present)
- equipment set-up/ water available, program room booked, change area?  
(not possible at this time)
- recruit and oversee teen volunteers (contact schools, discuss with DPL youth group)

### Adult Services Staff:

#### Management

- research Living Library
- submit Community Wellness Grant Application for funds to support Living Library event
- invite dignitaries to Living Library event
- oversee marketing plan for Wii Fit & Fun
- contact seniors' centers to inquire about promoting event
- inform press of event

- attend Living Library event

#### Program staff

- promote event
- available during program activity
- design Living Library event
- confirm CPR, First Aid, and AED certification
- crisis intervention training could be considered

#### **Barriers to consider**

- staff may not appreciate the value in offering Wii Fit & Fun
  - fear of the unknown for both staff and potential participants
  - reluctance to participate in physical activity
  - unfamiliar with equipment
  - lack of understanding re: Living Library event
- First Aid, CPR, & AED training (who has)
- crisis intervention training (who has)
- cost of staffing
- time required to plan, promote, and implement program

Edmonton Public Library (nd). Community-Led: connecting, consulting, collaborating to strengthen communities. Retrieved from

[http://www.epl.ca/sites/default/files/Marketing/epl\\_community\\_led\\_hdbk\\_dft\\_6.pdf](http://www.epl.ca/sites/default/files/Marketing/epl_community_led_hdbk_dft_6.pdf)